











Spring / Summer Menu Week 1

14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 18th, Aug, 8th Sept, 29th Sept, 20th Oct



WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage with Jacket Wedges	Red Tractor Mild Chicken Curry & White Rice 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Wholemeal Margherita Pizza & Mixed Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Cheese, Onion & Potato Pie	Macaroni Cheese	Quorn Grill with Gravy, Stuffing & Roast Potatoes 	Rainbow Vegetable Lentil Pitta Pockets & Hummus ^{VG} 	Cheese Flan & Chips
Vegetables	Sweetcorn or Baked Beans 	Peas & Carrot Mix 	Carrots & Broccoli 	Sweetcorn & Pea Mix 	Garden Peas or Baked Beans 
Jacket Potato or Pasta	Jacket Potato with choice of either Cheesy Beans, Tuna Mayo, Beans or Cheese. Pasta with either Cheese or Tomato Sauce 				
Dessert or Choice of Seasonal Fresh Fruit	Banana Mousse	Marble Sponge ^{VG} & Custard	Strawberry Jelly	Vanilla Cookie ^{VG}	Iced Sponge Cake

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.